



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Kresse, Mathias

Club: Nix tun kann jeder
Number: 415

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:27:48

Speed: 10.55 km/h
Running performance: 5:38 min/km

Rank in course/Total: 130 (of 492)

Rank in course/Men: 119 (of 415)

Best time in course: 1:38:33

Rank in category: 14(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:03	5:28	16	2:53	134	6:11	3.30	18:03	5:28	46		122	
Schlüsie	3.10	19:46	6:22	20	3:24	157	6:48	6.40	37:49	5:54	46		121	12:59
Hermannsklippe	2.60	18:12	6:59	22	3:51	168	6:41	9.00	56:01	6:13	46		121	19:40
Brocken	3.10	29:30	9:30	22	5:20	168	11:40	12.10	1:25:31	7:04	46		121	31:20
Eiserner Handwe	3.60	16:31	4:35	6	1:41	70	4:29	15.70	1:42:02	6:29	46		121	35:49
Schlüsie	4.10	16:17	3:58	9	2:14	84	4:47	19.80	1:58:19	5:58	46		121	40:36
Loddenke	3.10	13:49	4:27	13	2:00	100	3:59	22.90	2:12:08	5:46	46		121	44:35
Ilseburg/Markt	3.30	15:40	4:44	20	3:00	139	7:08	26.20	2:27:48	5:38	16	24:01	124	49:15