



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Meyer, Robert

Club: Maschseesharks
Number: 136

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:28:08

Speed: 10.53 km/h
Running performance: 5:39 min/km

Rank in course/Total: 131 (of 492)

Rank in course/Men: 120 (of 415)

Best time in course: 1:38:33

Rank in category: 30(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:57	5:44	47	4:43	190	7:05	3.30	18:57	5:44	89		118	
Schlüsie	3.10	20:04	6:28	44	4:25	172	7:06	6.40	39:01	6:05	92		122	14:11
Hermannsklippe	2.60	17:57	6:54	36	4:06	155	6:26	9.00	56:58	6:19	92		122	20:37
Brocken	3.10	27:53	8:59	28	6:33	115	10:03	12.10	1:24:51	7:00	92		122	30:40
Eiserner Handwe	3.60	16:45	4:39	23	2:45	80	4:43	15.70	1:41:36	6:28	92		122	35:23
Schlüsie	4.10	16:10	3:56	21	2:48	78	4:40	19.80	1:57:46	5:56	92		122	40:03
Loddenke	3.10	13:57	4:30	25	2:42	114	4:07	22.90	2:11:43	5:45	92		114	44:10
Ilseburg/Markt	3.30	16:25	4:58	48	4:13	193	7:53	26.20	2:28:08	5:39	32	29:47	125	49:35