



# 44. Brockenlauf

Ilseburg / 06.09.2014

## Detailed evaluation

**Meier, Dirk**

Club: Gaensefurther Sportbewegung  
Number: 287

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:28:23

Speed: 10.51 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 133 (of 492)

Rank in course/Men: 122 (of 415)

Best time in course: 1:38:33

Rank in category: 31(of 98)

Best time in the category: 1:58:21

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 18:36      | 5:38         | 42       | 4:22        | 166     | 6:44       | 3.30     | 18:36         | 5:38         | 92       |             | 125     |            |
| Schlüsie           | 3.10     | 18:37      | 6:00         | 22       | 2:58        | 86      | 5:39       | 6.40     | 37:13         | 5:48         | 91       |             | 124     | 12:23      |
| Hermannsklippe     | 2.60     | 16:24      | 6:18         | 17       | 2:33        | 69      | 4:53       | 9.00     | 53:37         | 5:57         | 91       |             | 124     | 17:16      |
| Brocken            | 3.10     | 26:37      | 8:35         | 18       | 5:17        | 76      | 8:47       | 12.10    | 1:20:14       | 6:37         | 91       |             | 124     | 26:03      |
| Eiserner Handwe    | 3.60     | 19:26      | 5:23         | 59       | 5:26        | 232     | 7:24       | 15.70    | 1:39:40       | 6:20         | 91       |             | 93      | 33:27      |
| Schlüsie           | 4.10     | 19:15      | 4:41         | 63       | 5:53        | 253     | 7:45       | 19.80    | 1:58:55       | 6:00         | 91       |             | 124     | 41:12      |
| Loddenke           | 3.10     | 14:39      | 4:43         | 41       | 3:24        | 172     | 4:49       | 22.90    | 2:13:34       | 5:49         | 91       |             | 124     | 46:01      |
| Ilseburg/Markt     | 3.30     | 14:49      | 4:29         | 20       | 2:37        | 81      | 6:17       | 26.20    | 2:28:23       | 5:39         | 33       | 30:02       | 127     | 49:50      |