



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

**Pulvermüller, Christian**

Club: Pulvis Fitness  
Number: 1099

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:29:07

Speed: 10.46 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 138 (of 492)

Rank in course/Men: 127 (of 415)

Best time in course: 1:38:33

Rank in category: 16(of 62)

Best time in the category: 2:03:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:59	5:45	28	3:49	193	7:07	3.30	18:59	5:45	32		124	
Schlüsie	3.10	20:12	6:30	25	3:50	180	7:14	6.40	39:11	6:07	32		129	14:21
Hermannsklippe	2.60	17:37	6:46	17	3:16	133	6:06	9.00	56:48	6:18	32		129	20:27
Brocken	3.10	28:04	9:03	14	3:54	119	10:14	12.10	1:24:52	7:00	32		129	30:41
Eiserner Handwe	3.60	16:41	4:38	7	1:51	75	4:39	15.70	1:41:33	6:28	32		129	35:20
Schlüsie	4.10	16:16	3:58	8	2:13	83	4:46	19.80	1:57:49	5:57	32		129	40:06
Loddenke	3.10	14:06	4:32	18	2:17	130	4:16	22.90	2:11:55	5:45	32		120	44:22
Ilseburg/Markt	3.30	17:12	5:12	39	4:32	238	8:40	26.20	2:29:07	5:41	18	25:20	132	50:34