



44. Brockenlauf

Ilsenburg / 06.09.2014

Detailed evaluation

Baumgart, Lutz

Club: Brockenlaufverein Ilsenburg
Number: 253

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:29:47

Speed: 10.42 km/h
Running performance: 5:43 min/km

Rank in course/Total: 142 (of 492)

Rank in course/Men: 131 (of 415)

Best time in course: 1:38:33

Rank in category: 11(of 47)

Best time in the category: 2:12:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:10	5:30	10	2:16	143	6:18	3.30	18:10	5:30	35		111	
Schlüsie	3.10	20:11	6:30	15	2:43	179	7:13	6.40	38:21	5:59	35		111	13:31
Hermannsklippe	2.60	18:24	7:04	14	2:37	184	6:53	9.00	56:45	6:18	35		133	20:24
Brocken	3.10	28:40	9:14	12	3:33	142	10:50	12.10	1:25:25	7:03	35		133	31:14
Eiserner Handwe	3.60	18:03	5:00	13	2:56	155	6:01	15.70	1:43:28	6:35	35		133	37:15
Schlüsie	4.10	17:16	4:12	12	2:53	139	5:46	19.80	2:00:44	6:05	35		133	43:01
Loddenke	3.10	13:56	4:29	10	1:47	113	4:06	22.90	2:14:40	5:52	25		133	47:07
Ilsenburg/Markt	3.30	15:07	4:34	7	1:13	104	6:35	26.20	2:29:47	5:43	11	17:07	136	51:14