



44. Brockenlauf
Ilsenburg / 06.09.2014

Detailed evaluation

Schmalz, Holger

Club: Brockenlaufverein Ilsenburg
Number: 72

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:30:10

Speed: 10.39 km/h
Running performance: 5:44 min/km

Rank in course/Total: 144 (of 492)

Rank in course/Men: 133 (of 415)

Best time in course: 1:38:33

Rank in category: 12(of 47)

Best time in the category: 2:12:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:51	5:42	18	2:57	181	6:59	3.30	18:51	5:42	36		136	
Schlüsie	3.10	19:58	6:26	14	2:30	165	7:00	6.40	38:49	6:03	36		135	13:59
Hermannsklippe	2.60	18:07	6:58	12	2:20	161	6:36	9.00	56:56	6:19	36		135	20:35
Brocken	3.10	27:39	8:55	9	2:32	107	9:49	12.10	1:24:35	6:59	36		135	30:24
Eiserner Handwe	3.60	18:04	5:01	14	2:57	157	6:02	15.70	1:42:39	6:32	36		135	36:26
Schlüsie	4.10	17:43	4:19	16	3:20	166	6:13	19.80	2:00:22	6:04	36		135	42:39
Loddenke	3.10	14:23	4:38	14	2:14	152	4:33	22.90	2:14:45	5:53	36		135	47:12
Ilsenburg/Markt	3.30	15:25	4:40	10	1:31	120	6:53	26.20	2:30:10	5:43	12	17:30	138	51:37