



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Weise, Stephan

Club: Lauffreunde Gotha e.V.  
Number: 29

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:30:33

Speed: 10.36 km/h  
Running performance: 5:45 min/km

Rank in course/Total: 145 (of 492)

Rank in course/Men: 134 (of 415)

Best time in course: 1:38:33

Rank in category: 32(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:03	5:28	30	3:49	134	6:11	3.30	18:03	5:28	76		122	
Schlüsie	3.10	19:47	6:22	38	4:08	160	6:49	6.40	37:50	5:54	90		136	13:00
Hermannsklippe	2.60	18:11	6:59	40	4:20	166	6:40	9.00	56:01	6:13	90		121	19:40
Brocken	3.10	29:26	9:29	38	8:06	164	11:36	12.10	1:25:27	7:03	90		136	31:16
Eiserner Handwe	3.60	17:27	4:50	30	3:27	118	5:25	15.70	1:42:54	6:33	90		136	36:41
Schlüsie	4.10	17:12	4:11	34	3:50	136	5:42	19.80	2:00:06	6:03	90		136	42:23
Loddenke	3.10	14:16	4:36	35	3:01	142	4:26	22.90	2:14:22	5:52	90		136	46:49
Ilseburg/Markt	3.30	16:11	4:54	41	3:59	176	7:39	26.20	2:30:33	5:44	34	32:12	139	52:00