



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Pusch, Alexander

Number: 690

Course: 9.60 km

9,6 km - Lauf

Category:

Männer (20-29 Jahre)

Total time: 33:35

Speed: 16.08 km/h

Running performance: 3:30 min/km

Rank in course/Total: 1 (of 175)

Rank in course/Men: 1 (of 119)

Best time in course: 33:35

Rank in category: 1(of 20)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	16:38	4:03	1	-	1	-	4.10	16:38	4:03	11	-	2	-
Loddenke	2.20	6:45	3:04	2	0:02	2	0:02	6.30	23:23	3:42	11	-	2	-
Ilseburg/Markt	3.30	10:12	3:05	1	-	1	-	9.60	33:35	3:29	1	-	1	-