



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Neuling, Rainer

Club: Magdeburg
Number: 228

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:31:05

Speed: 10.33 km/h
Running performance: 5:46 min/km

Rank in course/Total: 149 (of 492)

Rank in course/Men: 138 (of 415)

Best time in course: 1:38:33

Rank in category: 18(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:08	5:11	8	1:58	85	5:16	3.30	17:08	5:11	50		141	
Schlüsie	3.10	18:21	5:55	6	1:59	76	5:23	6.40	35:29	5:32	50		69	10:39
Hermannsklippe	2.60	16:26	6:19	8	2:05	71	4:55	9.00	51:55	5:46	50		140	15:34
Brocken	3.10	29:15	9:26	19	5:05	158	11:25	12.10	1:21:10	6:42	50		140	26:59
Eiserner Handwe	3.60	19:06	5:18	33	4:16	215	7:04	15.70	1:40:16	6:23	50		120	34:03
Schlüsie	4.10	19:10	4:40	37	5:07	250	7:40	19.80	1:59:26	6:01	50		140	41:43
Loddenke	3.10	15:24	4:58	38	3:35	235	5:34	22.90	2:14:50	5:53	50		140	47:17
Ilseburg/Markt	3.30	16:15	4:55	30	3:35	183	7:43	26.20	2:31:05	5:45	20	27:18	143	52:32