



44. Brockenlauf Ilseburg / 06.09.2014

Detailed evaluation

Altmann, Denis

Club: Magdeburg
Number: 92

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:32:10

Speed: 10.33 km/h
Running performance: 5:49 min/km

Rank in course/Total: 157 (of 492)

Rank in course/Men: 145 (of 415)

Best time in course: 1:38:33

Rank in category: 22(of 33)

Best time in the category: 1:38:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:56	6:20	32	9:04	320	9:04	3.30	20:56	6:20	6	0:19	148	1:20
Schlüsle	3.10	21:10	6:49	26	8:12	248	8:12	6.40	42:06	6:34	6		147	17:16
Hermannsklippe	2.60	17:58	6:54	23	6:27	158	6:27	9.00	1:00:04	6:40	6		147	23:43
Brocken	3.10	25:00	8:03	12	7:10	44	7:10	12.10	1:25:04	7:01	6		147	30:53
Eiserner Handwe	3.60	18:55	5:15	22	6:53	204	6:53	15.70	1:43:59	6:37	6		147	37:46
Schlüsle	4.10	18:01	4:23	21	6:31	183	6:31	19.80	2:02:00	6:09	6		147	44:17
Loddenke	3.10	14:28	4:40	20	4:38	155	4:38	22.90	2:16:28	5:57	6		147	48:55
Ilseburg/Markt	3.30	15:42	4:45	18	4:42	146	7:10	26.20	2:32:10	5:48	22	53:37	150	53:37