



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Hinske, Ulrich

Club: Wir tun´s laufend!  
Number: 386

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:32:37

Speed: 10.22 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 161 (of 492)

Rank in course/Men: 149 (of 415)

Best time in course: 1:38:33

Rank in category: 15(of 36)

Best time in the category: 1:58:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:45	5:22	13	3:25	120	5:53	3.30	17:45	5:22	33		152	
Schlüsie	3.10	19:31	6:17	13	3:33	138	6:33	6.40	37:16	5:49	33		151	12:26
Hermannsklippe	2.60	18:14	7:00	16	4:12	172	6:43	9.00	55:30	6:10	33		151	19:09
Brocken	3.10	29:45	9:35	18	8:14	180	11:55	12.10	1:25:15	7:02	33		151	31:04
Eiserner Handwe	3.60	19:30	5:25	21	4:54	238	7:28	15.70	1:44:45	6:40	33		151	38:32
Schlüsie	4.10	18:33	4:31	20	4:34	223	7:03	19.80	2:03:18	6:13	31		149	45:35
Loddenke	3.10	14:03	4:31	10	2:30	125	4:13	22.90	2:17:21	5:59	33		151	49:48
Ilseburg/Markt	3.30	15:16	4:37	10	2:34	112	6:44	26.20	2:32:37	5:49	15	33:56	154	54:04