



44. Brockenlauf
Ilsenburg / 06.09.2014

Detailed evaluation

Berthold, Jörg

Club: Brockenlaufverein Ilsenburg
Number: 349

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:32:45

Speed: 10.21 km/h
Running performance: 5:50 min/km

Rank in course/Total: 163 (of 492)

Rank in course/Men: 150 (of 415)

Best time in course: 1:38:33

Rank in category: 14(of 47)

Best time in the category: 2:12:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:17	5:32	12	2:23	154	6:25	3.30	18:17	5:32	38		153	
Schlüsie	3.10	18:55	6:06	6	1:27	104	5:57	6.40	37:12	5:48	38		88	12:22
Hermannsklippe	2.60	17:07	6:34	7	1:20	108	5:36	9.00	54:19	6:02	38		152	17:58
Brocken	3.10	25:43	8:17	4	0:36	55	7:53	12.10	1:20:02	6:36	38		152	25:51
Eiserner Handwe	3.60	19:46	5:29	22	4:39	254	7:44	15.70	1:39:48	6:21	38		152	33:35
Schlüsie	4.10	19:57	4:51	24	5:34	288	8:27	19.80	1:59:45	6:02	38		152	42:02
Loddenke	3.10	15:46	5:05	19	3:37	259	5:56	22.90	2:15:31	5:55	38		152	47:58
Ilsenburg/Markt	3.30	17:14	5:13	19	3:20	240	8:42	26.20	2:32:45	5:49	14	20:05	155	54:12