



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Fürer, Michael

Club: LC BlueLiner
Number: 339

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:32:46

Speed: 10.21 km/h
Running performance: 5:50 min/km

Rank in course/Total: 164 (of 492)

Rank in course/Men: 151 (of 415)

Best time in course: 1:38:33

Rank in category: 27(of 67)

Best time in the category: 1:51:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:12	5:30	30	4:29	147	6:20	3.30	18:12	5:30	61		154	
Schlüsie	3.10	20:28	6:36	37	5:46	198	7:30	6.40	38:40	6:02	61		153	13:50
Hermannsklippe	2.60	18:16	7:01	35	5:31	176	6:45	9.00	56:56	6:19	61		135	20:35
Brocken	3.10	28:50	9:18	28	8:46	148	11:00	12.10	1:25:46	7:05	61		153	31:35
Eiserner Handwe	3.60	17:27	4:50	22	4:04	118	5:25	15.70	1:43:13	6:34	61		153	37:00
Schlüsie	4.10	16:40	4:03	15	3:42	106	5:10	19.80	1:59:53	6:03	61		153	42:10
Loddenke	3.10	14:45	4:45	32	3:59	180	4:55	22.90	2:14:38	5:52	61		153	47:05
Ilseburg/Markt	3.30	18:08	5:29	50	6:11	291	9:36	26.20	2:32:46	5:49	27	41:23	156	54:13