



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Zick, Torsten

Club: LG Wassersuppe  
Number: 117

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:33:14

Speed: 10.18 km/h  
Running performance: 5:51 min/km

Rank in course/Total: 170 (of 492)

Rank in course/Men: 157 (of 415)

Best time in course: 1:38:33

Rank in category: 22(of 62)

Best time in the category: 2:03:47

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:16	5:32	17	3:06	152	6:24	3.30	18:16	5:32	54		121	
Schlüsie	3.10	18:55	6:06	14	2:33	104	5:57	6.40	37:11	5:48	54		159	12:21
Hermannsklippe	2.60	16:41	6:25	10	2:20	86	5:10	9.00	53:52	5:59	54		54	17:31
Brocken	3.10	29:42	9:34	25	5:32	178	11:52	12.10	1:23:34	6:54	54		159	29:23
Eiserner Handwe	3.60	18:48	5:13	31	3:58	195	6:46	15.70	1:42:22	6:31	54		159	36:09
Schlüsie	4.10	20:42	5:02	50	6:39	316	9:12	19.80	2:03:04	6:12	54		159	45:21
Loddenke	3.10	15:22	4:57	37	3:33	230	5:32	22.90	2:18:26	6:02	54		159	50:53
Ilseburg/Markt	3.30	14:48	4:29	13	2:08	78	6:16	26.20	2:33:14	5:50	24	29:27	162	54:41