



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Piwek, Norbert

Club: Der weiße Kenianer  
Number: 257

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:33:49

Speed: 10.14 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 177 (of 492)

Rank in course/Men: 162 (of 415)

Best time in course: 1:38:33

Rank in category: 17(of 36)

Best time in the category: 1:58:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:44	5:22	12	3:24	119	5:52	3.30	17:44	5:22	35		166	
Schlüsie	3.10	20:01	6:27	17	4:03	167	7:03	6.40	37:45	5:53	35		165	12:55
Hermannsklippe	2.60	18:17	7:01	18	4:15	178	6:46	9.00	56:02	6:13	35		165	19:41
Brocken	3.10	30:09	9:43	19	8:38	196	12:19	12.10	1:26:11	7:07	35		165	32:00
Eiserner Handwe	3.60	19:34	5:26	23	4:58	242	7:32	15.70	1:45:45	6:44	35		165	39:32
Schlüsie	4.10	18:09	4:25	18	4:10	195	6:39	19.80	2:03:54	6:15	35		165	46:11
Loddenke	3.10	13:40	4:24	8	2:07	94	3:50	22.90	2:17:34	6:00	35		165	50:01
Ilseburg/Markt	3.30	16:15	4:55	16	3:33	183	7:43	26.20	2:33:49	5:52	17	35:08	168	55:16