



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Berkath, Petra

Club: TV Jahn Walsrode
Number: 401

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:33:52

Speed: 10.14 km/h
Running performance: 5:52 min/km

Rank in course/Total: 178 (of 492)

Rank in course/Women: 10 (of 77)

Best time in course: 2:05:45

Rank in category: 2(of 12)

Best time in the category: 2:32:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:33	5:37	1	-	10	3:40	3.30	18:33	5:37	2			40
Schlüsie	3.10	21:00	6:46	3	1:09	15	4:03	6.40	39:33	6:10	2	1:04		40
Hermannsklippe	2.60	18:39	7:10	3	0:34	11	3:30	9.00	58:12	6:28	2	1:38		40
Brocken	3.10	28:28	9:10	2	0:49	7	4:14	12.10	1:26:40	7:09	2	2:27		40
Eiserner Handwe	3.60	18:13	5:03	1	-	9	3:28	15.70	1:44:53	6:40	2	1:11		40
Schlüsie	4.10	17:26	4:15	1	-	9	3:07	19.80	2:02:19	6:10	2			40
Loddenke	3.10	14:51	4:47	5	0:39	19	2:38	22.90	2:17:10	5:59	2			40
Ilseburg/Markt	3.30	16:42	5:03	4	1:32	21	3:27	26.20	2:33:52	5:52	2	1:12	10	28:07