



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Neubacher, Irmo

Club: Lehrte
Number: 290

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:34:11

Speed: 10.12 km/h
Running performance: 5:53 min/km

Rank in course/Total: 180 (of 492)

Rank in course/Men: 164 (of 415)

Best time in course: 1:38:33

Rank in category: 24(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:31	5:54	38	4:21	238	7:39	3.30	19:31	5:54	56		171	
Schlüsie	3.10	21:22	6:53	38	5:00	268	8:24	6.40	40:53	6:23	56		170	16:03
Hermannsklippe	2.60	19:31	7:30	38	5:10	258	8:00	9.00	1:00:24	6:42	56		170	24:03
Brocken	3.10	29:59	9:40	27	5:49	189	12:09	12.10	1:30:23	7:28	56		170	36:12
Eiserner Handwe	3.60	17:34	4:52	13	2:44	124	5:32	15.70	1:47:57	6:52	56		170	41:44
Schlüsie	4.10	16:33	4:02	12	2:30	98	5:03	19.80	2:04:30	6:17	56		170	46:47
Loddenke	3.10	14:06	4:32	18	2:17	130	4:16	22.90	2:18:36	6:03	56		170	51:03
Ilseburg/Markt	3.30	15:35	4:43	18	2:55	133	7:03	26.20	2:34:11	5:53	26	30:24	170	55:38