



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Ferbert, Christian

Number: 1082

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:34:41

Speed: 10.09 km/h
Running performance: 5:54 min/km

Rank in course/Total: 185 (of 492)

Rank in course/Men: 172 (of 415)

Best time in course: 1:38:33

Rank in category: 20(of 36)

Best time in the category: 1:53:17

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:31	5:54	23	5:11	238	7:39	3.30	19:31	5:54	36		171	
Schlüsie	3.10	20:24	6:34	21	4:28	190	7:26	6.40	39:55	6:14	36		172	15:05
Hermannsklippe	2.60	17:50	6:51	17	4:21	146	6:19	9.00	57:45	6:25	36		172	21:24
Brocken	3.10	27:25	8:50	12	6:10	95	9:35	12.10	1:25:10	7:02	36		172	30:59
Eiserner Handwe	3.60	18:09	5:02	17	4:57	160	6:07	15.70	1:43:19	6:34	36		172	37:06
Schlüsie	4.10	19:15	4:41	26	6:33	253	7:45	19.80	2:02:34	6:11	36		172	44:51
Loddenke	3.10	17:04	5:30	31	6:40	335	7:14	22.90	2:19:38	6:05	36		172	52:05
Ilseburg/Markt	3.30	15:03	4:33	12	3:38	97	6:31	26.20	2:34:41	5:54	19	41:24	175	56:08