



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Gauss, Thomas

Club: Schwabenläufer
Number: 144

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:34:55

Speed: 10.07 km/h
Running performance: 5:55 min/km

Rank in course/Total: 189 (of 492)

Rank in course/Men: 171 (of 415)

Best time in course: 1:38:33

Rank in category: 18(of 36)

Best time in the category: 1:58:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:45	6:53	33	8:25	391	10:53	3.30	22:45	6:53	36	2:27	176	3:09
Schlüsie	3.10	20:35	6:38	20	4:37	207	7:37	6.40	43:20	6:46	36	1:59	176	18:30
Hermannsklippe	2.60	18:14	7:00	16	4:12	172	6:43	9.00	1:01:34	6:50	36	1:14	176	25:13
Brocken	3.10	31:34	10:10	25	10:03	255	13:44	12.10	1:33:08	7:41	36	1:12	176	38:57
Eiserner Handwe	3.60	17:02	4:43	9	2:26	96	5:00	15.70	1:50:10	7:01	36		173	43:57
Schlüsie	4.10	16:05	3:55	5	2:06	71	4:35	19.80	2:06:15	6:22	36		176	48:32
Loddenke	3.10	13:34	4:22	7	2:01	87	3:44	22.90	2:19:49	6:06	36		175	52:16
Ilseburg/Markt	3.30	15:06	4:34	8	2:24	101	6:34	26.20	2:34:55	5:54	18	36:14	178	56:22