



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Mellin, Gesa

Number: 1072

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:34:56

Speed: 10.07 km/h
Running performance: 5:55 min/km

Rank in course/Total: 190 (of 492)

Rank in course/Women: 11 (of 77)

Best time in course: 2:05:45

Rank in category: 3(of 12)

Best time in the category: 2:32:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:58	5:44	3	0:25	13	4:05	3.30	18:58	5:44	3	0:20	49	
Schlüsie	3.10	20:37	6:39	2	0:46	9	3:40	6.40	39:35	6:11	3	1:06	49	
Hermannsklippe	2.60	18:25	7:05	2	0:20	9	3:16	9.00	58:00	6:26	3	1:26	49	
Brocken	3.10	30:37	9:52	4	2:58	11	6:23	12.10	1:28:37	7:19	3	4:24	49	
Eiserner Handwe	3.60	18:30	5:08	3	0:17	12	3:45	15.70	1:47:07	6:49	3	3:25	49	
Schlüsie	4.10	18:13	4:26	3	0:47	16	3:54	19.80	2:05:20	6:19	3	2:39	49	
Loddenke	3.10	14:26	4:39	2	0:14	12	2:13	22.90	2:19:46	6:06	3	2:34	49	
Ilseburg/Markt	3.30	15:10	4:35	1	-	6	1:55	26.20	2:34:56	5:54	3	2:16	11	29:11