



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Kajüter, Burkhard

Club: Emsbüren  
Number: 100

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:35:56

Speed: 10.00 km/h  
Running performance: 5:57 min/km

Rank in course/Total: 197 (of 492)

Rank in course/Men: 178 (of 415)

Best time in course: 1:38:33

Rank in category: 42(of 98)

Best time in the category: 1:58:21

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 17:29      | 5:17         | 24          | 3:15        | 97      | 5:37       | 3.30          | 17:29      | 5:17         | 81       |             | 88      |            |
| Schlüsie           | 3.10     | 22:00      | 7:05         | 75          | 6:21        | 298     | 9:02       | 6.40          | 39:29      | 6:10         | 18       |             | 182     | 14:39      |
| Hermannsklippe     | 2.60     | 20:33      | 7:54         | 76          | 6:42        | 307     | 9:02       | 9.00          | 1:00:02    | 6:40         | 48       |             | 181     | 23:41      |
| Brocken            | 3.10     | 29:36      | 9:32         | 41          | 8:16        | 173     | 11:46      | 12.10         | 1:29:38    | 7:24         | 80       |             | 182     | 35:27      |
| Eiserner Handwe    | 3.60     | 17:41      | 4:54         | 32          | 3:41        | 134     | 5:39       | 15.70         | 1:47:19    | 6:50         | 80       |             | 182     | 41:06      |
| Schlüsie           | 4.10     | 18:09      | 4:25         | 45          | 4:47        | 195     | 6:39       | 19.80         | 2:05:28    | 6:20         | 80       |             | 173     | 47:45      |
| Loddenke           | 3.10     | 14:47      | 4:46         | 45          | 3:32        | 186     | 4:57       | 22.90         | 2:20:15    | 6:07         | 80       |             | 182     | 52:42      |
| Ilseburg/Markt     | 3.30     | 15:41      | 4:45         | 35          | 3:29        | 141     | 7:09       | 26.20         | 2:35:56    | 5:57         | 44       | 37:35       | 185     | 57:23      |