



44. Brockenlauf  
Ilsenburg / 06.09.2014

Detailed evaluation

Elsner, Marcel

Club: könig-fitness Ilsenburg  
Number: 559

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 41:03

Speed: 13.15 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 7 (of 175)

Rank in course/Men: 6 (of 119)

Best time in course: 33:35

Rank in category: 1(of 10)

Best time in the category: 41:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	20:29	4:59	1	-	7	3:51	4.10	20:29	4:59	1	-	6	
Loddenke	2.20	7:56	3:36	1	-	6	1:13	6.30	28:25	4:30	1	-	7	
Ilsenburg/Markt	3.30	12:38	3:49	1	-	9	2:26	9.60	41:03	4:16	1	-	6	7:28