



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Domine, Marco

Club: LG Ihleläufer Burg  
Number: 494

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:37:09

Speed: 9.93 km/h  
Running performance: 6:00 min/km

Rank in course/Total: 207 (of 492)

Rank in course/Men: 188 (of 415)

Best time in course: 1:38:33

Rank in category: 48(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:39	5:57	64	5:25	248	7:47	3.30	19:39	5:57	17		193	0:03
Schlüsie	3.10	20:03	6:28	42	4:24	170	7:05	6.40	39:42	6:12	38		188	14:52
Hermannsklippe	2.60	18:30	7:06	47	4:39	194	6:59	9.00	58:12	6:28	38		192	21:51
Brocken	3.10	30:19	9:46	49	8:59	205	12:29	12.10	1:28:31	7:18	38		192	34:20
Eiserner Handwe	3.60	18:30	5:08	44	4:30	182	6:28	15.70	1:47:01	6:48	38		192	40:48
Schlüsie	4.10	18:12	4:26	49	4:50	200	6:42	19.80	2:05:13	6:19	38		192	47:30
Loddenke	3.10	15:13	4:54	55	3:58	221	5:23	22.90	2:20:26	6:07	38		192	52:53
Ilseburg/Markt	3.30	16:43	5:03	55	4:31	217	8:11	26.20	2:37:09	5:59	50	38:48	195	58:36