



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Vollrath, Aaru

Club: TU Braunschweig
Number: 1088

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:37:33

Speed: 9.90 km/h
Running performance: 6:01 min/km

Rank in course/Total: 212 (of 492)

Rank in course/Men: 192 (of 415)

Best time in course: 1:38:33

Rank in category: 28(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:19	5:33	18	3:09	155	6:27	3.30	18:19	5:33	9		198	
Schlüsie	3.10	20:06	6:29	24	3:44	175	7:08	6.40	38:25	6:00	60		150	13:35
Hermannsklippe	2.60	18:40	7:10	28	4:19	204	7:09	9.00	57:05	6:20	60		197	20:44
Brocken	3.10	31:01	10:00	38	6:51	238	13:11	12.10	1:28:06	7:16	60		197	33:55
Eiserner Handwe	3.60	20:12	5:36	41	5:22	267	8:10	15.70	1:48:18	6:53	60		197	42:05
Schlüsie	4.10	18:29	4:30	31	4:26	218	6:59	19.80	2:06:47	6:24	60		191	49:04
Loddenke	3.10	14:46	4:45	28	2:57	183	4:56	22.90	2:21:33	6:10	60		197	54:00
Ilseburg/Markt	3.30	16:00	4:50	26	3:20	166	7:28	26.20	2:37:33	6:00	30	33:46	199	59:00