



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Brüggensmeier, Horst

Club: Blomberger Nelkenläufer  
Number: 277

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:38:10

Speed: 9.86 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 219 (of 492)

Rank in course/Men: 199 (of 415)

Best time in course: 1:38:33

Rank in category: 6(of 24)

Best time in the category: 2:19:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:45	5:59	7	3:19	253	7:53	3.30	19:45	5:59	20		204	0:09
Schlüsie	3.10	20:34	6:38	5	2:14	205	7:36	6.40	40:19	6:17	20		203	15:29
Hermannsklippe	2.60	18:36	7:09	5	2:06	198	7:05	9.00	58:55	6:32	20		203	22:34
Brocken	3.10	31:05	10:01	8	3:32	240	13:15	12.10	1:30:00	7:26	20		203	35:49
Eiserner Handwe	3.60	18:55	5:15	9	2:00	204	6:53	15.70	1:48:55	6:56	20		203	42:42
Schlüsie	4.10	18:57	4:37	10	2:37	235	7:27	19.80	2:07:52	6:27	20		203	50:09
Loddenke	3.10	14:38	4:43	7	1:26	171	4:48	22.90	2:22:30	6:13	20		203	54:57
Ilseburg/Markt	3.30	15:40	4:44	5	7:08	139	7:08	26.20	2:38:10	6:02	6	18:27	206	59:37