



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

von Iven, Katrin

Club: LSG Ascania Aschersleben  
Number: 304

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 2:38:17

Speed: 9.86 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 221 (of 492)

Rank in course/Women: 12 (of 77)

Best time in course: 2:05:45

Rank in category: 2(of 26)

Best time in the category: 2:31:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:10	6:06	7	1:50	26	5:17	3.30	20:10	6:06	25		46	
Schlüsie	3.10	20:41	6:40	2	1:02	13	3:44	6.40	40:51	6:22	25		46	
Hermannsklippe	2.60	19:01	7:18	2	1:18	15	3:52	9.00	59:52	6:39	25		46	
Brocken	3.10	31:24	10:07	2	2:20	16	7:10	12.10	1:31:16	7:32	25		46	
Eiserner Handwe	3.60	19:07	5:18	3	1:42	14	4:22	15.70	1:50:23	7:01	25		46	
Schlüsie	4.10	17:48	4:20	4	1:04	13	3:29	19.80	2:08:11	6:28	25		46	
Loddenke	3.10	14:08	4:33	3	0:20	9	1:55	22.90	2:22:19	6:12	25		46	
Ilseburg/Markt	3.30	15:58	4:50	3	1:05	13	2:43	26.20	2:38:17	6:02	3	6:31	14	32:32