



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Harmening, Manfred

Club: VfL Bückeberg
Number: 81

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:39:08

Speed: 9.80 km/h
Running performance: 6:04 min/km

Rank in course/Total: 228 (of 492)

Rank in course/Men: 207 (of 415)

Best time in course: 1:38:33

Rank in category: 1(of 6)

Best time in the category: 2:39:08

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:57	6:20	3	0:11	322	9:05	3.30	20:57	6:20	1	-	203	1:21
Schlüsie	3.10	21:29	6:55	1	-	274	8:31	6.40	42:26	6:37	1	-	211	17:36
Hermannsklippe	2.60	19:09	7:21	1	-	238	7:38	9.00	1:01:35	6:50	1	-	211	25:14
Brocken	3.10	32:22	10:26	2	0:24	282	14:32	12.10	1:33:57	7:45	1	-	211	39:46
Eiserner Handwe	3.60	18:59	5:16	1	-	210	6:57	15.70	1:52:56	7:11	1	-	211	46:43
Schlüsie	4.10	17:13	4:11	1	-	137	5:43	19.80	2:10:09	6:34	1	-	211	52:26
Loddenke	3.10	13:55	4:29	1	-	111	4:05	22.90	2:24:04	6:17	1	-	211	56:31
Ilseburg/Markt	3.30	15:04	4:33	1	-	98	6:32	26.20	2:39:08	6:04	1	-	214	1:00:35