



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Niemann, Marc

Club: Schandelah
Number: 225

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:39:22

Speed: 9.79 km/h
Running performance: 6:05 min/km

Rank in course/Total: 232 (of 492)

Rank in course/Men: 211 (of 415)

Best time in course: 1:38:33

Rank in category: 51(of 98)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:02	6:04	71	5:48	275	8:10	3.30	20:02	6:04	23	0:17	216	0:26
Schlüsie	3.10	21:12	6:50	67	5:33	251	8:14	6.40	41:14	6:26	23	0:13	215	16:24
Hermannsklippe	2.60	20:08	7:44	71	6:17	289	8:37	9.00	1:01:22	6:49	23	0:39	215	25:01
Brocken	3.10	29:52	9:38	43	8:32	183	12:02	12.10	1:31:14	7:32	23		215	37:03
Eiserner Handwe	3.60	18:53	5:14	51	4:53	203	6:51	15.70	1:50:07	7:00	23		215	43:54
Schlüsie	4.10	17:47	4:20	40	4:25	169	6:17	19.80	2:07:54	6:27	23		215	50:11
Loddenke	3.10	15:05	4:51	54	3:50	210	5:15	22.90	2:22:59	6:14	23		215	55:26
Ilseburg/Markt	3.30	16:23	4:57	46	4:11	191	7:51	26.20	2:39:22	6:04	53	41:01	218	1:00:49