



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

**Biermann, Wolfgang**

Club: Rödinghausen  
Number: 61

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:40:08

Speed: 9.74 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 236 (of 492)

Rank in course/Men: 214 (of 415)

Best time in course: 1:38:33

Rank in category: 52(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:14	5:49	53	5:00	216	7:22	3.30	19:14	5:49	22		168	
Schlüsie	3.10	20:41	6:40	53	5:02	212	7:43	6.40	39:55	6:14	22		172	15:05
Hermannsklippe	2.60	18:36	7:09	50	4:45	198	7:05	9.00	58:31	6:30	22		218	22:10
Brocken	3.10	31:23	10:07	60	10:03	249	13:33	12.10	1:29:54	7:25	22		218	35:43
Eiserner Handwe	3.60	19:18	5:21	57	5:18	224	7:16	15.70	1:49:12	6:57	22		218	42:59
Schlüsie	4.10	19:18	4:42	64	5:56	256	7:48	19.80	2:08:30	6:29	22		218	50:47
Loddenke	3.10	14:57	4:49	50	3:42	200	5:07	22.90	2:23:27	6:15	22		218	55:54
Ilseburg/Markt	3.30	16:41	5:03	54	4:29	215	8:09	26.20	2:40:08	6:06	54	41:47	221	1:01:35