



# 44. Brockenlauf

Ilseburg / 06.09.2014

## Detailed evaluation

**Thiem, Steffen**

Club: Berlin  
Number: 118

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:40:31

Speed: 9.72 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 238 (of 492)

Rank in course/Men: 215 (of 415)

Best time in course: 1:38:33

Rank in category: 32(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:31	6:13	46	5:21	296	8:39	3.30	20:31	6:13	2		221	0:55
Schlüsie	3.10	21:07	6:48	34	4:45	246	8:09	6.40	41:38	6:30	2		220	16:48
Hermannsklippe	2.60	18:54	7:16	33	4:33	220	7:23	9.00	1:00:32	6:43	2		220	24:11
Brocken	3.10	29:34	9:32	23	5:24	171	11:44	12.10	1:30:06	7:26	2		220	35:55
Eiserner Handwe	3.60	19:38	5:27	36	4:48	248	7:36	15.70	1:49:44	6:59	2		220	43:31
Schlüsie	4.10	19:32	4:45	40	5:29	264	8:02	19.80	2:09:16	6:31	2		220	51:33
Loddenke	3.10	15:20	4:56	36	3:31	229	5:30	22.90	2:24:36	6:18	2		220	57:03
Ilseburg/Markt	3.30	15:55	4:49	23	3:15	157	7:23	26.20	2:40:31	6:07	34	36:44	223	1:01:58