



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Weber, Herbert

Club: VfL Kloster Oesede
Number: 292

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:40:34

Speed: 9.72 km/h
Running performance: 6:08 min/km

Rank in course/Total: 240 (of 492)

Rank in course/Men: 217 (of 415)

Best time in course: 1:38:33

Rank in category: 7(of 24)

Best time in the category: 2:19:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:28	6:12	8	4:02	290	8:36	3.30	20:28	6:12	19		146	0:52
Schlüsie	3.10	21:18	6:52	7	2:58	261	8:20	6.40	41:46	6:31	19		222	16:56
Hermannsklippe	2.60	18:55	7:16	7	2:25	221	7:24	9.00	1:00:41	6:44	19		222	24:20
Brocken	3.10	31:40	10:12	9	4:07	259	13:50	12.10	1:32:21	7:37	19		222	38:10
Eiserner Handwe	3.60	18:51	5:14	8	1:56	200	6:49	15.70	1:51:12	7:04	19		222	44:59
Schlüsie	4.10	17:11	4:11	4	0:51	134	5:41	19.80	2:08:23	6:29	19		222	50:40
Loddenke	3.10	14:11	4:34	4	0:59	137	4:21	22.90	2:22:34	6:13	19		222	55:01
Ilseburg/Markt	3.30	18:00	5:27	16	9:28	287	9:28	26.20	2:40:34	6:07	7	20:51	225	1:02:01