



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Krocker, Steffen

Club: LG Konradsburg 90  
Number: 348

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:40:35

Speed: 9.71 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 241 (of 492)

Rank in course/Men: 218 (of 415)

Best time in course: 1:38:33

Rank in category: 34(of 62)

Best time in the category: 2:03:47

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:10	6:06	44	5:00	277	8:18	3.30	20:10	6:06	4		224	0:34
Schlüsie	3.10	20:42	6:40	30	4:20	213	7:44	6.40	40:52	6:23	4		223	16:02
Hermannsklippe	2.60	19:03	7:19	34	4:42	230	7:32	9.00	59:55	6:39	4		223	23:34
Brocken	3.10	31:00	10:00	36	6:50	235	13:10	12.10	1:30:55	7:30	4		223	36:44
Eiserner Handwe	3.60	19:29	5:24	35	4:39	236	7:27	15.70	1:50:24	7:01	4		223	44:11
Schlüsie	4.10	18:38	4:32	32	4:35	227	7:08	19.80	2:09:02	6:31	4		223	51:19
Loddenke	3.10	15:00	4:50	31	3:11	204	5:10	22.90	2:24:02	6:17	4		223	56:29
Ilseburg/Markt	3.30	16:33	5:00	33	3:53	208	8:01	26.20	2:40:35	6:07	36	36:48	226	1:02:02