



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Börger, Walter

Club: VfL Kloster Oesede
Number: 436

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:41:47

Speed: 9.64 km/h
Running performance: 6:10 min/km

Rank in course/Total: 250 (of 492)

Rank in course/Men: 225 (of 415)

Best time in course: 1:38:33

Rank in category: 8(of 24)

Best time in the category: 2:19:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:48	6:18	10	4:22	309	8:56	3.30	20:48	6:18	18		232	1:12
Schlüsie	3.10	21:20	6:52	8	3:00	264	8:22	6.40	42:08	6:34	18		231	17:18
Hermannsklippe	2.60	19:08	7:21	8	2:38	237	7:37	9.00	1:01:16	6:48	18		231	24:55
Brocken	3.10	31:46	10:14	10	4:13	265	13:56	12.10	1:33:02	7:41	18		231	38:51
Eiserner Handwe	3.60	18:18	5:04	5	1:23	171	6:16	15.70	1:51:20	7:05	18		231	45:07
Schlüsie	4.10	18:25	4:29	8	2:05	211	6:55	19.80	2:09:45	6:33	18		231	52:02
Loddenke	3.10	15:11	4:53	11	1:59	218	5:21	22.90	2:24:56	6:19	18		231	57:23
Ilseburg/Markt	3.30	16:51	5:06	10	8:19	224	8:19	26.20	2:41:47	6:10	8	22:04	234	1:03:14