



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Brandt, Torsten

Club: Osterweddingen
Number: 50

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:42:47

Speed: 9.58 km/h
Running performance: 6:13 min/km

Rank in course/Total: 257 (of 492)

Rank in course/Men: 230 (of 415)

Best time in course: 1:38:33

Rank in category: 44(of 67)

Best time in the category: 1:51:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:06	5:47	36	5:23	202	7:14	3.30	19:06	5:47	7		157	
Schlüsie	3.10	21:29	6:55	50	6:47	274	8:31	6.40	40:35	6:20	7		237	15:45
Hermannsklippe	2.60	19:33	7:31	51	6:48	261	8:02	9.00	1:00:08	6:40	7	0:58	237	23:47
Brocken	3.10	31:46	10:14	44	11:42	265	13:56	12.10	1:31:54	7:35	7	4:46	237	37:43
Eiserner Handwe	3.60	20:25	5:40	49	7:02	278	8:23	15.70	1:52:19	7:09	7	4:53	237	46:06
Schlüsie	4.10	19:18	4:42	48	6:20	256	7:48	19.80	2:11:37	6:38	7	5:06	237	53:54
Loddenke	3.10	14:08	4:33	25	3:22	133	4:18	22.90	2:25:45	6:21	7	3:52	237	58:12
Ilseburg/Markt	3.30	17:02	5:09	41	5:05	231	8:30	26.20	2:42:47	6:12	45	51:24	240	1:04:14