



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Pfeiffer, Matthias

Number: 473

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:43:41

Speed: 9.53 km/h
Running performance: 6:15 min/km

Rank in course/Total: 265 (of 492)

Rank in course/Men: 237 (of 415)

Best time in course: 1:38:33

Rank in category: 47(of 67)

Best time in the category: 1:51:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:26	5:53	43	5:43	233	7:34	3.30	19:26	5:53	4		244	
Schlüsie	3.10	19:26	6:16	23	4:44	130	6:28	6.40	38:52	6:04	5		243	14:02
Hermannsklippe	2.60	17:43	6:48	26	4:58	139	6:12	9.00	56:35	6:17	5		243	20:14
Brocken	3.10	31:04	10:01	40	11:00	239	13:14	12.10	1:27:39	7:14	5	0:31	200	33:28
Eiserner Handwe	3.60	20:17	5:38	46	6:54	270	8:15	15.70	1:47:56	6:52	5	0:30	243	41:43
Schlüsie	4.10	20:38	5:01	54	7:40	313	9:08	19.80	2:08:34	6:29	5	2:03	243	50:51
Loddenke	3.10	16:53	5:26	55	6:07	327	7:03	22.90	2:25:27	6:21	5	3:34	241	57:54
Ilseburg/Markt	3.30	18:14	5:31	51	6:17	301	9:42	26.20	2:43:41	6:14	48	52:18	247	1:05:08