



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Pohler, Andreas

Club: Rommersberger Bergziegen  
Number: 116

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:43:25

Speed: 9.55 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 262 (of 492)

Rank in course/Men: 234 (of 415)

Best time in course: 1:38:33

Rank in category: 46(of 67)

Best time in the category: 1:51:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:26	5:53	43	5:43	233	7:34	3.30	19:26	5:53	4		244	
Schlüsie	3.10	21:20	6:52	48	6:38	264	8:22	6.40	40:46	6:22	4		246	15:56
Hermannsklippe	2.60	20:07	7:44	53	7:22	288	8:36	9.00	1:00:53	6:45	4	1:43	246	24:32
Brocken	3.10	32:16	10:24	45	12:12	277	14:26	12.10	1:33:09	7:41	4	6:01	246	38:58
Eiserner Handwe	3.60	19:35	5:26	42	6:12	243	7:33	15.70	1:52:44	7:10	4	5:18	246	46:31
Schlüsie	4.10	18:42	4:33	45	5:44	230	7:12	19.80	2:11:26	6:38	4	4:55	246	53:43
Loddenke	3.10	15:29	4:59	44	4:43	238	5:39	22.90	2:26:55	6:24	4	5:02	246	59:22
Ilseburg/Markt	3.30	16:30	5:00	36	4:33	200	7:58	26.20	2:43:25	6:14	47	52:02	244	1:04:52