



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

**Biermann, Simone**

Club: Wiehen-Wölfe  
Number: 62

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 2:44:15

Speed: 9.50 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 270 (of 492)

Rank in course/Women: 18 (of 77)

Best time in course: 2:05:45

Rank in category: 5(of 26)

Best time in the category: 2:31:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:14	6:07	8	1:54	30	5:21	3.30	20:14	6:07	22		50	
Schlüsie	3.10	21:41	6:59	6	2:02	22	4:44	6.40	41:55	6:32	22		50	
Hermannsklippe	2.60	19:52	7:38	6	2:09	20	4:43	9.00	1:01:47	6:51	22		50	
Brocken	3.10	32:43	10:33	5	3:39	23	8:29	12.10	1:34:30	7:48	22		50	
Eiserner Handwe	3.60	19:09	5:19	4	1:44	15	4:24	15.70	1:53:39	7:14	22		50	
Schlüsie	4.10	19:16	4:41	8	2:32	28	4:57	19.80	2:12:55	6:42	22		50	
Loddenke	3.10	15:04	4:51	6	1:16	21	2:51	22.90	2:27:59	6:27	22		50	
Ilseburg/Markt	3.30	16:16	4:55	4	1:23	15	3:01	26.20	2:44:15	6:16	6	12:29	20	38:30