



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Hilpert, Dirk

Club: Berlin  
Number: 280

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:44:52

Speed: 9.46 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 273 (of 492)

Rank in course/Men: 243 (of 415)

Best time in course: 1:38:33

Rank in category: 61(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:12	6:07	73	5:58	278	8:20	3.30	20:12	6:07	13	0:27	251	0:36
Schlüsie	3.10	20:52	6:43	57	5:13	225	7:54	6.40	41:04	6:25	13	0:03	250	16:14
Hermannsklippe	2.60	18:57	7:17	55	5:06	223	7:26	9.00	1:00:01	6:40	13		250	23:40
Brocken	3.10	29:32	9:31	40	8:12	170	11:42	12.10	1:29:33	7:24	13		250	35:22
Eiserner Handwe	3.60	22:05	6:08	81	8:05	342	10:03	15.70	1:51:38	7:06	13		250	45:25
Schlüsie	4.10	19:48	4:49	67	6:26	281	8:18	19.80	2:11:26	6:38	13	0:08	246	53:43
Loddenke	3.10	15:48	5:05	67	4:33	261	5:58	22.90	2:27:14	6:25	13	0:33	250	59:41
Ilseburg/Markt	3.30	17:38	5:20	70	5:26	266	9:06	26.20	2:44:52	6:17	63	46:31	253	1:06:19