



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Königs, Anja

Club: Berlin
Number: 206

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:45:02

Speed: 9.45 km/h
Running performance: 6:18 min/km

Rank in course/Total: 275 (of 492)

Rank in course/Women: 19 (of 77)

Best time in course: 2:05:45

Rank in category: 3(of 7)

Best time in the category: 2:15:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:54	5:43	2	2:20	12	4:01	3.30	18:54	5:43	3	2:20	77	
Schlüsie	3.10	20:39	6:39	3	2:31	12	3:42	6.40	39:33	6:10	3	4:51	40	
Hermannsklippe	2.60	18:57	7:17	3	2:27	14	3:48	9.00	58:30	6:30	3	7:18	77	
Brocken	3.10	32:56	10:37	4	7:41	26	8:42	12.10	1:31:26	7:33	3	14:59	77	
Eiserner Handwe	3.60	20:35	5:43	3	4:25	39	5:50	15.70	1:52:01	7:08	3	19:24	77	
Schlüsie	4.10	21:07	5:09	5	4:41	53	6:48	19.80	2:13:08	6:43	3	24:05	77	
Loddenke	3.10	15:55	5:08	3	2:52	34	3:42	22.90	2:29:03	6:30	3	26:57	77	
Ilseburg/Markt	3.30	15:59	4:50	3	2:09	14	2:44	26.20	2:45:02	6:17	3	29:06	21	39:17