



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Hohls, Dominik

Club: Assel on the Road
Number: 432

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:45:53

Speed: 9.40 km/h
Running performance: 6:20 min/km

Rank in course/Total: 281 (of 492)

Rank in course/Men: 249 (of 415)

Best time in course: 1:38:33

Rank in category: 24(of 36)

Best time in the category: 1:58:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Loddenke	3.30	19:59	6:03	24	5:39	271	8:07	3.30	19:59	6:03	6		257	0:23			
Schlüsie	3.10	20:42	6:40	21	4:44	213	7:44	6.40	40:41	6:21	6		256	15:51			
Hermannsklippe	2.60	18:28	7:06	21	4:26	190	6:57	9.00	59:09	6:34	6		256	22:48			
Brocken	3.10	23:32	7:35	3	2:01	23	5:42	12.10	1:22:41	6:50	6		256	28:30			
Eiserner Handwe	3.60	29:27	8:10	36	14:51	409	17:25	15.70	1:52:08	7:08	6		256	45:55			
Schlüsie	4.10	21:30	5:14	33	7:31	348	10:00	19.80	2:13:38	6:44	6	0:07	256	55:55			
Loddenke	3.10	15:59	5:09	25	4:26	273	6:09	22.90	2:29:37	6:32	6		256	1:02:04			
Ilseburg/Markt	3.30	16:16	4:55	17	3:34	186	7:44	26.20	2:45:53	6:19	24	47:12	260	1:07:20			