



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Fritsche, Rainer

Club: Wernigerode
Number: 302

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:46:37

Speed: 9.36 km/h
Running performance: 6:22 min/km

Rank in course/Total: 290 (of 492)

Rank in course/Men: 255 (of 415)

Best time in course: 1:38:33

Rank in category: 38(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:06	5:47	30	3:56	202	7:14	3.30	19:06	5:47	7		157	
Schlüsie	3.10	22:13	7:09	46	5:51	307	9:15	6.40	41:19	6:27	7		262	16:29
Hermannsklippe	2.60	21:28	8:15	53	7:07	336	9:57	9.00	1:02:47	6:58	7		262	26:26
Brocken	3.10	35:05	11:19	55	10:55	349	17:15	12.10	1:37:52	8:05	7	1:29	262	43:41
Eiserner Handwe	3.60	19:38	5:27	36	4:48	248	7:36	15.70	1:57:30	7:29	7		262	51:17
Schlüsie	4.10	17:50	4:20	24	3:47	174	6:20	19.80	2:15:20	6:50	7		262	57:37
Loddenke	3.10	14:30	4:40	23	2:41	160	4:40	22.90	2:29:50	6:32	7		262	1:02:17
Ilseburg/Markt	3.30	16:47	5:05	37	4:07	220	8:15	26.20	2:46:37	6:21	40	42:50	266	1:08:04