



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Hirsch, Detlef

Club: Triathlonverein Dessau 92 e.V.
Number: 331

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:47:54

Speed: 9.29 km/h
Running performance: 6:25 min/km

Rank in course/Total: 302 (of 492)

Rank in course/Men: 265 (of 415)

Best time in course: 1:38:33

Rank in category: 18(of 47)

Best time in the category: 2:12:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:54	6:19	32	5:00	319	9:02	3.30	20:54	6:19	44		274	1:18
Schlüsie	3.10	23:03	7:26	32	5:35	338	10:05	6.40	43:57	6:52	44		273	19:07
Hermannsklippe	2.60	19:24	7:27	21	3:37	254	7:53	9.00	1:03:21	7:02	44		194	27:00
Brocken	3.10	30:16	9:45	16	5:09	202	12:26	12.10	1:33:37	7:44	44		273	39:26
Eiserner Handwe	3.60	19:15	5:20	18	4:08	220	7:13	15.70	1:52:52	7:11	44		273	46:39
Schlüsie	4.10	21:27	5:13	35	7:04	344	9:57	19.80	2:14:19	6:47	44		273	56:36
Loddenke	3.10	16:31	5:19	26	4:22	302	6:41	22.90	2:30:50	6:35	44		273	1:03:17
Ilseburg/Markt	3.30	17:04	5:10	18	3:10	236	8:32	26.20	2:47:54	6:24	20	35:14	276	1:09:21