



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Hamel, Christian

Club: SV Kali Wolmirstedt
Number: 306

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:47:55

Speed: 9.29 km/h
Running performance: 6:25 min/km

Rank in course/Total: 303 (of 492)

Rank in course/Men: 266 (of 415)

Best time in course: 1:38:33

Rank in category: 66(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:19	5:51	56	5:05	224	7:27	3.30	19:19	5:51	8		236	
Schlüsie	3.10	20:44	6:41	54	5:05	218	7:46	6.40	40:03	6:15	8		154	15:13
Hermannsklippe	2.60	19:53	7:38	68	6:02	278	8:22	9.00	59:56	6:39	8		201	23:35
Brocken	3.10	32:42	10:32	76	11:22	300	14:52	12.10	1:32:38	7:39	8	0:09	274	38:27
Eiserner Handwe	3.60	21:06	5:51	76	7:06	302	9:04	15.70	1:53:44	7:14	8	1:39	264	47:31
Schlüsie	4.10	19:23	4:43	65	6:01	260	7:53	19.80	2:13:07	6:43	8	1:49	274	55:24
Loddenke	3.10	16:42	5:23	76	5:27	315	6:52	22.90	2:29:49	6:32	8	3:08	274	1:02:16
Ilseburg/Markt	3.30	18:06	5:29	75	5:54	290	9:34	26.20	2:47:55	6:24	68	49:34	277	1:09:22