



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Katscher, Sebastian

Club: Zepernick  
Number: 381

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:48:04

Speed: 9.28 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 304 (of 492)

Rank in course/Men: 267 (of 415)

Best time in course: 1:38:33

Rank in category: 26(of 36)

Best time in the category: 1:58:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	22:17	6:45	32	7:57	376	10:25	3.30	22:17	6:45	8	1:59	276	2:41
Schlüsie	3.10	22:31	7:15	30	6:33	316	9:33	6.40	44:48	6:59	8	3:27	275	19:58
Hermannsklippe	2.60	19:33	7:31	24	5:31	261	8:02	9.00	1:04:21	7:08	8	4:01	275	28:00
Brocken	3.10	31:56	10:18	27	10:25	268	14:06	12.10	1:36:17	7:57	8	4:21	275	42:06
Eiserner Handwe	3.60	19:16	5:21	18	4:40	221	7:14	15.70	1:55:33	7:21	8	2:01	275	49:20
Schlüsie	4.10	18:04	4:24	16	4:05	187	6:34	19.80	2:13:37	6:44	8	0:06	275	55:54
Loddenke	3.10	15:36	5:01	21	4:03	247	5:46	22.90	2:29:13	6:30	8		275	1:01:40
Ilseburg/Markt	3.30	18:51	5:42	27	6:09	321	10:19	26.20	2:48:04	6:24	26	49:23	278	1:09:31