



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Bremer, Bernd

Club: Grün-Weiß Finsterwalde e.V.
Number: 390

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 2:48:36

Speed: 9.25 km/h
Running performance: 6:26 min/km

Rank in course/Total: 308 (of 492)

Rank in course/Men: 271 (of 415)

Best time in course: 1:38:33

Rank in category: 2(of 5)

Best time in the category: 2:44:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:56	6:38	3	2:11	365	10:04	3.30	21:56	6:38	2	2:11	280	2:20
Schlüsie	3.10	23:05	7:26	3	1:34	342	10:07	6.40	45:01	7:02	2	3:45	279	20:11
Hermannsklippe	2.60	20:33	7:54	2	0:58	307	9:02	9.00	1:05:34	7:17	2	4:43	279	29:13
Brocken	3.10	31:41	10:13	3	0:28	262	13:51	12.10	1:37:15	8:02	2	5:11	279	43:04
Eiserner Handwe	3.60	19:22	5:22	2	0:06	227	7:20	15.70	1:56:37	7:25	2	5:17	279	50:24
Schlüsie	4.10	18:24	4:29	1	-	210	6:54	19.80	2:15:01	6:49	2	5:15	279	57:18
Loddenke	3.10	15:50	5:06	1	-	263	6:00	22.90	2:30:51	6:35	2	5:03	279	1:03:18
Ilseburg/Markt	3.30	17:45	5:22	1	-	274	9:13	26.20	2:48:36	6:26	2	4:28	282	1:10:03