



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schäper, Jörg

Club: Gaensefurther Sportbewegung
Number: 288

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:48:48

Speed: 9.24 km/h
Running performance: 6:26 min/km

Rank in course/Total: 311 (of 492)

Rank in course/Men: 274 (of 415)

Best time in course: 1:38:33

Rank in category: 50(of 67)

Best time in the category: 1:51:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:46	6:17	53	7:03	305	8:54	3.30	20:46	6:17	10	0:16	268	1:10
Schlüsie	3.10	21:34	6:57	52	6:52	281	8:36	6.40	42:20	6:36	10	1:18	281	17:30
Hermannsklippe	2.60	19:34	7:31	52	6:49	263	8:03	9.00	1:01:54	6:52	10	2:44	281	25:33
Brocken	3.10	33:19	10:44	51	13:15	312	15:29	12.10	1:35:13	7:52	10	8:05	281	41:02
Eiserner Handwe	3.60	21:53	6:04	57	8:30	338	9:51	15.70	1:57:06	7:27	10	9:40	281	50:53
Schlüsie	4.10	20:17	4:56	52	7:19	298	8:47	19.80	2:17:23	6:56	10	10:52	281	59:40
Loddenke	3.10	15:54	5:07	47	5:08	270	6:04	22.90	2:33:17	6:41	10	11:24	281	1:05:44
Ilseburg/Markt	3.30	15:31	4:42	26	3:34	126	6:59	26.20	2:48:48	6:26	51	57:25	285	1:10:15