



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Holub, Ulrich

Club: SV Kyffhäuser
Number: 232

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:49:27

Speed: 9.21 km/h
Running performance: 6:28 min/km

Rank in course/Total: 319 (of 492)

Rank in course/Men: 281 (of 415)

Best time in course: 1:38:33

Rank in category: 45(of 62)

Best time in the category: 2:03:47

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:23	5:34	21	3:13	160	6:31	3.30	18:23	5:34	15		290	
Schlüsie	3.10	21:58	7:05	43	5:36	296	9:00	6.40	40:21	6:18	15		289	15:31
Hermannsklippe	2.60	20:55	8:02	49	6:34	320	9:24	9.00	1:01:16	6:48	15		231	24:55
Brocken	3.10	33:17	10:44	50	9:07	309	15:27	12.10	1:34:33	7:48	15		266	40:22
Eiserner Handwe	3.60	18:22	5:06	28	3:32	175	6:20	15.70	1:52:55	7:11	15		289	46:42
Schlüsie	4.10	18:59	4:37	33	4:56	237	7:29	19.80	2:11:54	6:39	15		289	54:11
Loddenke	3.10	17:55	5:46	56	6:06	362	8:05	22.90	2:29:49	6:32	15		274	1:02:16
Ilseburg/Markt	3.30	19:38	5:56	57	6:58	341	11:06	26.20	2:49:27	6:28	47	45:40	292	1:10:54