



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schlobben, Joachim

Club: ESV Lok Potsdam
Number: 500

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:50:00

Speed: 9.18 km/h
Running performance: 6:29 min/km

Rank in course/Total: 325 (of 492)

Rank in course/Men: 286 (of 415)

Best time in course: 1:38:33

Rank in category: 21(of 47)

Best time in the category: 2:12:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:09	5:30	9	2:15	141	6:17	3.30	18:09	5:30	47		80	
Schlüsie	3.10	21:35	6:57	24	4:07	282	8:37	6.40	39:44	6:12	47		294	14:54
Hermannsklippe	2.60	20:40	7:56	27	4:53	312	9:09	9.00	1:00:24	6:42	47		170	24:03
Brocken	3.10	34:51	11:14	33	9:44	343	17:01	12.10	1:35:15	7:52	47		294	41:04
Eiserner Handwe	3.60	20:10	5:36	26	5:03	265	8:08	15.70	1:55:25	7:21	47		294	49:12
Schlüsie	4.10	19:44	4:48	22	5:21	277	8:14	19.80	2:15:09	6:49	47		294	57:26
Loddenke	3.10	17:01	5:29	31	4:52	333	7:11	22.90	2:32:10	6:38	47		294	1:04:37
Ilseburg/Markt	3.30	17:50	5:24	26	3:56	279	9:18	26.20	2:50:00	6:29	23	37:20	297	1:11:27