



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Wörrfel, Martin

Club: Praxisteam Dr. Wörrfel
Number: 426

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:50:03

Speed: 9.17 km/h
Running performance: 6:29 min/km

Rank in course/Total: 326 (of 492)

Rank in course/Men: 287 (of 415)

Best time in course: 1:38:33

Rank in category: 46(of 62)

Best time in the category: 2:03:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	21:09	6:24	52	5:59	328	9:17	3.30	21:09	6:24	16	0:16	283	1:33
Schlüsie	3.10	22:07	7:08	44	5:45	300	9:09	6.40	43:16	6:45	16	0:34	295	18:26
Hermannsklippe	2.60	19:24	7:27	37	5:03	254	7:53	9.00	1:02:40	6:57	16		295	26:19
Brocken	3.10	30:23	9:48	31	6:13	208	12:33	12.10	1:33:03	7:41	16		295	38:52
Eiserner Handwe	3.60	20:48	5:46	45	5:58	292	8:46	15.70	1:53:51	7:15	16		295	47:38
Schlüsie	4.10	21:01	5:07	51	6:58	329	9:31	19.80	2:14:52	6:48	16		259	57:09
Loddenke	3.10	16:45	5:24	52	4:56	318	6:55	22.90	2:31:37	6:37	16		295	1:04:04
Ilseburg/Markt	3.30	18:26	5:35	51	5:46	308	9:54	26.20	2:50:03	6:29	48	46:16	298	1:11:30