



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Otto, Frank

Club: Angelbachtal
Number: 73

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:50:08

Speed: 9.17 km/h
Running performance: 6:29 min/km

Rank in course/Total: 327 (of 492)

Rank in course/Men: 288 (of 415)

Best time in course: 1:38:33

Rank in category: 71(of 98)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Loddenke	3.30	21:34	6:32	83	7:20	344	9:42	3.30	21:34	6:32	3	1:49	297	1:58
Schlüsie	3.10	22:52	7:22	83	7:13	331	9:54	6.40	44:26	6:56	3	3:25	296	19:36
Hermannsklippe	2.60	20:51	8:01	77	7:00	318	9:20	9.00	1:05:17	7:15	3	4:34	296	28:56
Brocken	3.10	33:03	10:39	78	11:43	306	15:13	12.10	1:38:20	8:07	3	5:51	296	44:09
Eiserner Handwe	3.60	19:05	5:18	54	5:05	214	7:03	15.70	1:57:25	7:28	3	5:20	296	51:12
Schlüsie	4.10	19:07	4:39	61	5:45	246	7:37	19.80	2:16:32	6:53	3	5:14	296	58:49
Loddenke	3.10	15:50	5:06	68	4:35	263	6:00	22.90	2:32:22	6:39	3	5:41	296	1:04:49
Ilseburg/Markt	3.30	17:46	5:23	71	5:34	275	9:14	26.20	2:50:08	6:29	73	51:47	299	1:11:35